***Psychology***

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***Lap 1: General Psychology & Methods***

**Essential Question:**

How might an understanding of psychology help us in our lives today and in the future? Why is it important to respect the discipline of psychology?

**Late Assignments from Lap 1**

Are all due by the last class day on Lap 2.

Failure to turn in late or missing work by the last class day on Lap 2 will result in a zero for that particular assignment – no exceptions.

***Overview***

Psychology is the scientific study of the mind and behavior. Psychology is a multifaceted discipline and includes many sub-fields of study such areas as human development, sports, health, clinical, social behavior and cognitive processes.

Psychology is really a very new science, with most advances happening over the past 150 years or so. However, its origins can be traced back to ancient Greece, 400 – 500 years BC. The emphasis was a philosophical one, with great thinkers such as Socrates influencing Plato, who in turn influenced Aristotle.

We employ or encounter psychology every day. As you watch television, advertisers exert psychological persuasion to convince you to buy a particular product. Within the classroom, your teachers apply psychological strategies to manipulate your performance. Your parents probably employ psychology, sometimes as reverse psychology, to convince you to clean your room or come home on time. Psychology has been, and always will, be around you.

***Rationale***

By knowing the historical influences on psychology, you can better appreciate the approaches psychologists take to conduct research and apply the findings to psychology. A basic understanding of research methodology helps you to follow the reasoning behind the various studies that you will see or read in the news. And by having an overview of what psychologists do, you will be more prepared to learn about the theories of behavior and thinking.

***Essential Question and Learning Goals:***

**How might an understanding of psychology help us in our lives today and in the future? Why is it important to respect the discipline of psychology?**

1. **Explain** the goals and scientific basis of psychology
2. **Identify** the various approaches to the study of psychology
3. **Produce** a psychological study utilizing the scientific method

***Lap 1 Summative Assessment***

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| **Essential Question:****How might an understanding of psychology help us in our lives today and in the future? Why is it important to respect the discipline of psychology?**  |
| Your summative assessment for this Lap will be a multiple choice, matching, and true/false style test. To be successful on your Lap 1 summative assessment be sure and familiarize yourself with the following topics:* All of the readings including the case study
* Vocabulary terms
* Goals of psychology
* Approaches to psychology
* Milgram Experiment
* Errors in thinking (Piaget and Freud)
* Questions particular to your own experiment.
* Your own answers to the EQs

Your test will be around 50 questions, there may be more question or less. | **Test in class on:****C - Day****1/23** |

***Enrichment***

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| **Movies that involve various types of psychology.** |
| Watch one of the movies below, hand write – not type – a summary of the movie on loose leaf paper. Only one side is needed; however if you write large you may need to use the reverse side. 1. *Benny and Joon*
2. *Secret Window*
3. *As Good As It Gets*
 | **Due:****A – Day** **1/19** |

***Calendar of Events***

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| **Day 1** |
| 1. **Due at class time** – Nothing at this time.
2. **What we are doing today** – Go over Lap. Introduction of psychology. Take Pre – Test. Begin discussion over what Psychology is. Play Fact or Fake.
3. **Assignment for next time** – On the Weebly site watch the short video titled “***What is Psychology***”. After finishing the video in your notebook write down five questions you have about human behavior. All you have to do is write the questions. We will go through the questions next class.

Next, read Chapter 1, Section 2: ***A Brief History of Psychology*** as well. We will have a quiz over the approaches to psychology next class. Be ready!  | **A – Day****1/4** |
| **Day 2** |
| 1. **Due at class time** – Discussion of the video. Quiz over the approaches to Psychology. Questions.
2. **What we are doing today** – Review of questions asked and figure out how we can go about answering some of these questions. Quiz over Chapter 1, Section 2: ***A Brief History of Psychology.*** Goals of Psychology. Goals of Psychology for you. Beginning to look at two different approaches to Psychology, functionalist and structuralist.
3. **Assignments for next time** – In a brief description explain to me in your own words what you believe the goals of psychology are.

Next, in 5 – 6 well constructed sentences explain which approach to psychology you agree with most. Why? If you are struggling to understand which approach, functionalist or structuralist, you agree with go to the Weebly site and watch the video over functionalism and structuralism. Bring your book to class. **Bring your hand written or printed out answers to class and be ready to discuss your reasoning** | **C – Day****1/6** |
| **Day 3** |
| 1. **Due at class time** – Questions over the goals of psychology and the approaches to psychology. Be ready to discuss. Which approach are you?
2. **What we are doing today** – Why are you *drawn* to a particular theory? Reading reports by Jean Piaget and Sigmund Freud and looking at errors in thinking on page 32 and 33 in psychology text.
3. Which field of psych is most interesting & why? http://www.apa.org/careers/resources/guides/careers.aspx
4. **This is why you need your book**.
5. **Assignment for next time** – In your psychology text, read Chapter 2, Section 2: ***Problems and Solutions in Research***. Be prepared for a quiz over the section.
 | **E – Day** **1/10** |
| **Day 4** |
| 1. **Due at class time** – Be ready to discuss the section.
2. **What we are doing today** – Quiz over Chapter 2, Section 2: ***Problems and Solutions in Research***. The Milgram Experiment. Brainstorming about your own experiments.
3. **Assignment for next time** – Read ***Ethics in Psychology***on the Weebly site and watch the video on Ethics on the Weebly site. Once you are finished reading the selection and watching the video over ethics create your own ethical code. Your code should be a bullet point list of things that you cannot compromise. Your list can be as long as you like but it must have a minimum of five bullet points. Please, please do not do this the mod before and try and tell me that you worked on this all night before. **Bring your hand written or printed out list to class and be ready to discuss your reasoning**
 | **F – Day** **1/11** |
| **Day 5** |
| 1. **Due at class time** – Be ready to discuss ethics and your own ethical code.
2. **What we are doing today** – Discussion of your own ethical code. Group work on hypothesizing for your mock experiment.
3. **Assignment for next time** – Come up with a few ideas for your own experiment. You may need to look at the scientific method to make sure your ideas fit. More ideas, the better.
 | **H – Day** **1/13** |
| **Day 6** |
| 1. **Due at class time** – Make sure you have a few ideas so that you can create an experiment of your own.
2. **What we are doing today** – Creation of your own experiment.
3. **Assignment for next time** – Work on your review and be ready for your assessment.
 | **K - Day****1/18** |
| **Day 7** |
| 1. **Due at class time** – Nothing at this time.
2. **What we are doing today** – Discussion of experiments. Review.
3. **Assignment for next time** – Study for your Lap 1 assessment.
 | **A – Day** **1/19** |

**Up Next…**Stress and Abnormal Psychology